

Student Senate

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STUDENT SENATE BILL 2025-1024

TITLE: Resolution Advocating for Expanding LGBTQIA+ Specialized Counseling Services in Collaboration with the CWC

AUTHOR(S): Senator Kate Mcnamara, Senator Arshan Falasiri, Senator Cassie Urbenz, Senator Lucas Nadeau

SPONSOR(S): Senate President Blake Cox, Senate President Pro-Tempore Julia Seifer, Majority Party Leader Maya Idiculla, Deputy Majority Party Leader Cole Bennet, Information & Communications Chairwoman Kystal Felix, Senator Danielle Collins, Senator Aditi Sarkar, Senator Freddi Rappoport, Senator Ella Furman, Senator Andrew Larsen, Senator Rafeh Kahn, Senator Priya Schramm, Director of LGBTQ+ Affairs Zeke Serrano, Gender and Sexuality Protection Agency Head Riley Towbin

WHEREAS, the University of Florida is committed to cultivating mental health and wellness for all students and recognizes the importance of providing inclusive and specialized support services [1]; and,

WHEREAS, the University of Florida Counseling and Wellness Center (CWC) has a longstanding commitment to providing essential mental health resources and has worked to develop a sense of connection, belonging, and a well-developed support system for the distinctive needs of our diverse student body [1]; and,

WHEREAS, LGBTQIA+ students have historically faced barriers to accessing comprehensive mental health care, and face significantly higher rates of mental health challenges, including anxiety, depression, suicidal ideation, harassment and feelings of marginalization [2][3]; and,

WHEREAS, the implementation of LGBTQIA+ specialized counseling services and resources at the CWC is a crucial step in fostering a more inclusive and supportive campus environment and reflects the university's dedication to equitable and inclusive support for our students [4][5]; and,

WHEREAS, research shows that providing specialized counseling services and resources tailored to the LGBTQIA+ community leads to improved mental health and greater overall student satisfaction by cultivating a safe and welcoming, environment to discuss identity, experience with discrimination, and mental health concerns on campus [4][6]; and,

WHEREAS, it is imperative that we work to create an affirmative setting by providing LGBTQIA+ literature and resources, and include affirming language, pronouns and names on all allowable paperwork [5][1]; and,

WHEREAS, implementing and expanding the availability of these vital mental health resources will foster an inclusive environment and address the unique needs of the LGBTQ+ community [7]; then,

THEREFORE, LET IT BE RESOLVED that the University of Florida Student Senate recognizes the importance of providing equitable and inclusive mental health services for all students.

THEREFORE, LET IT FURTHER BE RESOLVED that the University of Florida Student Senate recognizes the need for affirming and holistic mental health resources specifically directed towards LGBTQIA+ students in order to create a safe, developmentally supportive and affirming campus-community for students, staff, faculty, and alumni of all sexual orientations, gender identities, and expressions.

THEREFORE, LET IT FINALLY BE RESOLVED that the University of Florida Student Senate strongly supports collaboration with the CWC and the LGBTQIA+ community on campus to advocate for the implementation of LGBTQIA+ specialized counseling services and resources at the CWC to continue their ongoing commitment to supporting diverse populations and mental health.

Proviso: A copy of this resolution shall be sent to Vice President of Health and Wellbeing Ernesto Escoto and CWC Assistant Director of Training Felicia Brown.

- [1] https://counseling.ufl.edu/about/
- [2] https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10187662/
- [3] https://psycnet.apa.org/fulltext/2022-86096-004.html
- [4] https://dallasrainbowcounseling.com/specialized-lgbtq-counseling-is-different/
- [5] https://www.ndsu.edu/fileadmin/hdfs/documents/misc/Affirmative therapy handout.pdf
- [6] https://includedhealth.com/blog/lgbtq/how-affirmative-therapy-benefits-lgbtq-people/
- [7] https://www.betterhelp.com/advice/inclusive-mental-health/community-healing-why-is-there-a-need-for-lgbtq-therapy/

Blake Cox

Senate President