

STUDENT SENATE BILL 2024-1335

TITLE: Music Practice Space for Non-Music Majors

AUTHOR(S): Senator Priya Majethia

SPONSOR(S):

WHEREAS, It is widely studied that music can have invaluable effects on students. A study was conducted on 62 non-music undergraduate students who were asked to report the impact that their participation in music had on their lives. After analyzing the data, there was significant development of not only musical skill, but also social and personal skills. [1]; and,

WHEREAS, Researchers have recorded an increasing incidence of university student anxiety due to the transition from home, school demands, and financial and career stressors. Results showed that the use of music promoted emotional regulation and decreased anxiety; and,

WHEREAS, Music medicine is used in conjunction with anxiety, therapist guidance, receptive relaxation methods, and as a coping strategy in university students diagnosed with depression. [2]; and,

WHEREAS, Playing a musical instrument provides students with an outlet from their life. The benefits range from increasing memory capacity to teaching discipline [3]; and,

WHEREAS, These skills are transferable to school and future career opportunities such as learning time management and boosting team skills when performing with others.

WHEREAS, According to *The Factors Affecting Musical Learning of Undergraduate Non-music Majors*, the study of teaching 20 undergraduates in non-music majors showed the individuals with the most learning related characteristics, such as motivation to learn, developed a more fluent keyboard ability compared with selection variables, such as physical capacity and musical background [4]; and,

WHEREAS, By establishing music rooms equipped with pianos and other tailored instruments, universities can create an environment conducive to enhancing musical and social skills among non-music major students; and,

WHEREAS, The music department expresses an interest in extending its support but faces spatial constraints in dedicating practice rooms for non-music major students. A starting point could include a climate controlled space using Wenger isolation models in underutilized buildings; then,

THEREFORE, LET IT BE RESOLVED that the University of Florida Student Senate recognizes the importance and impact music participation has on non-music major students.

THEREFORE, LET IT FURTHER BE RESOLVED that the University of Florida Student Senate recognizes the correlation of decreased anxiety and mental health issues when a student is performing music.

THEREFORE, LET IT FINALLY BE RESOLVED that the University of Florida Student Senate urges administration to create music practice rooms for all students using underutilized building spaces across campus, complete with donated instruments and music stands


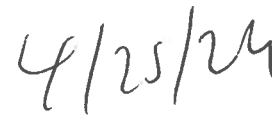
Proviso: A copy of this resolution shall be sent to University of Florida School of Music Facilities Operations Specialist Trent Weller, School of Music Professor and Dean Donald McGlothlin

[1] <https://www.tandfonline.com/doi/abs/10.1080/14613808.2011.577768>

[2] https://www.sciencedirect.com/science/article/pii/S0197455616301678?casa_token=GKaVWnKQUHEAAAAA:cWebW1i2mZORYWP_8jnk--nq5E5cqcufVtzlLNQHsObIUkbOGX2G0ft7Dh0yOW1Tmk5CWDHLZyQk

[3] <https://www.tandfonline.com/doi/abs/10.1080/14613800120089214>

[4] <https://stamfordschools.org.uk/wp-content/uploads/2021/08/18-benefits-of-playing-a-musical-instrument.pdf>

Monish Vijayaraghavan
Senate President

Date