STUDENT SENATE RESOLUTION 2023 - 1268

TITLE: Resolution on Working Alongside and Supporting Rec Sports to Facilitate Student Organization Participation in Recreational Sports Leagues AUTHORS: Member at Large Isabel Ponce SPONSORS: Senate President Oscar Santiago Perez, Judiciary Chair Jonathan C. Stephens, Judiciary Vice-Chair Joaquin R.C. Marcelino, Majority Party Leader Nathaniel Pelton, Deputy Majority Party Leader Chalisa Budhai, Senator Saketh Damera, Senator Matthew Reich, Senator Laurie Wang, Senator John Lin

WHEREAS, physical activity and sports contribute to the overall well-being, health, and sense of community among students; and,

WHEREAS, recreational sports leagues provide opportunities for students to engage in friendly competition, develop teamwork, and build lasting friendships; and,

WHEREAS, many student organizations express interest in participating in recreational sports leagues as a means of promoting camaraderie and physical fitness among their members; and,

WHEREAS, collaboration between student organizations and the university's Recreational Sports Department can enhance the accessibility and inclusivity of recreational sports opportunities for all students; then,

THEREFORE, LET IT BE RESOLVED, that the University of Florida Student Senate recognizes the importance of facilitating student organization participation in recreational sports leagues on campus; and,

THEREFORE, LET IT FURTHER BE RESOLVED, that University of Florida Student Senate commits to working closely with the university's Recreational Sports Department to establish and promote a framework for student organizations to join and actively participate in recreational sports leagues; and, **THEREFORE, LET IT FURTHER BE RESOLVED,** that the collaboration between student organizations and Recreational Sports Department shall involve the following key components:

- 1. Clear Guidelines: The development of clear and accessible guidelines for student organizations to register and participate in recreational sports leagues, including information on league schedules, fees, and eligibility.
- Information and Promotion: The dissemination of information about recreational sports league opportunities to student organizations through official channels, including websites, newsletters, and social media platforms.
- 3. Support and Resources: The provision of support and resources, such as equipment and facilities, to facilitate the active participation of student organizations in recreational sports leagues.
- 4. Feedback Mechanism: The establishment of a feedback mechanism for student organizations to provide input and suggestions for improving the partnership between student organizations and the Recreational Sports Department.

THEREFORE, LET IT BE RESOLVED, that University of Florida Student Senate encourages student organizations to take advantage of the opportunities presented by recreational sports leagues to promote teamwork, physical fitness, and a sense of community among their members; and,

THEREFORE, LET IT BE RESOLVED, that University of Florida Student Senate commits to monitoring the progress and impact of this collaboration and to making adjustments as necessary to ensure its effectiveness in facilitating student organization participation in recreational sports leagues.

[1] - <u>https://www.cdc.gov/physicalactivity/basics/pa-</u> health/index.htm#:~:text=Being%20physically%20active%20can%20improve,activity%20gain% 20some%20health%20benefits.

[2] - https://www.mayoclinic.org/healthy-lifestyle/fitness/in-depth/exercise/art-20048389

[3] - <u>https://www.coloradotech.edu/blog/2018/march/4-reasons-college-students-should-make-time-for-exercise</u>